

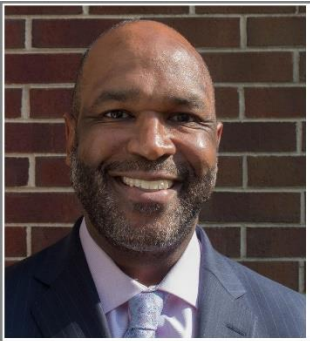
African American Mental Health Training and Technical Assistance Program

OFFERED VIA ZOOM & IN-PERSON Limited seating with requirements due to Covid. Registration is required for in-person!

Cultural Psychiatry: Spotighting Mental Health of the Black Community “Our History, Current Challenges, and the Way Forward



Delane Casiano, MD



Karriem Salaam, MD

Friday, June 17, 2022
9:00am - 2:30pm

4.5 Hours CE Credit

(One 15-min break & one 30 min lunch, not counted toward CE time)

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test

Register FREE via Eventbrite

[REGISTER HERE](#)

VIRTUAL: Zoom Link will be sent after registration

OR

IN-PERSON: Executive Inn & Suites
1755 Embarcadero
Oakland, CA 94606

If you have a reasonable accommodation request, or grievance regarding an AATA training, please email at: customerservice@pathwaystowellness.net

For assistance with registration & other inquiries: aata@pathwaystowellness.net
<https://aata.pathwaystowellness.net/>



Educational Goals:

The goal of this course is to enhance overall professional growth and improve clinical skills to help support the mental health of African-Americans who are at risk for negative mental health effects of social and economic stress, systemic/institutional racism, and the influence of implicit bias on disparate health outcomes before and during the COVID-19 pandemic.

Target Audience: Staff of Alameda County Behavioral Health, and Mental Health & SUD staff from *contracted* Community-Based Organizations (CBOs).

Measurable Learning Objectives:

- Explain how implicit bias leads to disparate health outcomes in African Americans.
- Provide 4 examples of racial trauma that has negatively affected African American mental health.
- Identify 3 strategies for facilitating mental health help-seeking behaviors in African American youth and their families.
- Name 2 regions of the brain associated with trauma and psychological distress facilitated by racial discrimination.
- List 4 strategies to mitigate the long-term effects of racial discrimination on depression in black youth.
- State three examples of how implicit bias during education and training of health professionals could negatively affect the training experience, their subsequent careers and ultimately the healthcare workforce.

About the Presenters:

Dr. Delane Casiano is an adult psychiatrist in Philadelphia, Pennsylvania. With a specialization in cultural psychiatry and women's mental health, Dr. Casiano has worked with ethnically diverse populations in a multitude of health care settings. Through her work, she is helping women overcome challenges with depression and other mental health problems. Such professional and governmental organizations as the American Psychiatric Association and the National Institute of Mental Health have recognized her research examining cultural influences on mental health beliefs among African American women with depression. Clinical organizations herald Dr. Casiano's work as well. She collaborated with the Philadelphia Department of Behavioral Health to create a combined program of psychiatry and obstetrics/gynecology services for women. She also supervised multidisciplinary teams as associate medical director for the Princeton House Behavioral Health women's program. Dr. Casiano is a member of the American Psychiatric Association and Black Psychiatrists of America.

Dr. Karriem Salaam is a Board Certified in Adult and Child & Adolescent Psychiatry. He currently serves as the Medical Director of Adolescent Services at Friends Hospital in Northeast Philadelphia and as a Clinical Assistant Professor of Psychiatry at Drexel University College of Medicine in Philadelphia, from 2006 to present. Dr. Salaam has been a Fellow of the American Psychiatric Association since 2017. He is a founding member of Global Health Psychiatry, LLC. A company focused on decreasing the stigma of mental illness in communities of color, through education and community action, established in 2017. He has also served as a co-presenter with Dr. Casiano on several training's related to Mental Health and Wellness and Special Considerations for African American Women.

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 4.5 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. **Please note:** to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants.